

Oxygen is a local charity that engages with young people to help them discover and achieve their potential.

We deliver after school projects, run youth clubs, Leadership Training Programs, crime reduction intervention, train volunteers and offer resources to those delivering youth work.

We work with young people from a range of backgrounds and in a variety of situations. Our team is experienced in identifying a young person's needs and equipping them with the knowledge and skills they need to move forward with their lives

*"Without Oxygen I would have been stuck in life not knowing what to do. The staff helped me to build my confidence and understand the choices I had to make.*

*Now I am clearer about my skills and what I want to do in the future. Oxygen helped me get on the right path and feel more positive about the future."*

*Young person*

Contact us  
**0208 547 0566**

**neet@oxygen-  
online.org**

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Kingston Upon Thames,  
KT2 6QL



# R U NEET?



**Aged between 16 and 19?**

**Confused by the range of choices and options in front of you?**

**Know where your skills lie but can't see how they could be used to get you a job?**

**Know what you want to do but not sure how to go about taking the first step?**

**You are not alone!**

**We can help!**

**0208 547 0566**



# Not in Education Employment or Training?

We will...

- ✓ Meet with you to discuss your situation and the options you have.
- ✓ Help find a path that suits you and develop an action plan.
- ✓ Support you to overcome blocks to getting there!

After an initial meeting to assess your needs and aspirations, we can consider a range of opportunities to help you move forward including :

- ⇒ 1-2-1 sessions,
- ⇒ Courses to develop employability, build self esteem and develop leadership.
- ⇒ Training in C.V. writing applying for jobs, interview skills,
- ⇒ Team building days
- ⇒ Volunteering
- ⇒ Mentoring,
- ⇒ Work experience
- ⇒ Phone support to check progress

We can help you choose between college, apprenticeships, employment, GAP years, internships, volunteering or back to work programmes.

**It's YOUR  
future.  
It's YOUR  
decision!**

Name:

Address:

Mobile:

Email:

If you are referring a young person then please answer the following questions:

Your relationship:

Agency:

Contact:

Are you aware of any risk or special circumstances the we need to know of that might help us in supporting the young person?

Send this form to the address overleaf. Or visit our website and apply online.