

Oxygen

need a mentor?



aged 11-16 : want a mentor : email info@oxygen-online.org

registered charity 108 6605

Each of us has times in our lives when we could use someone to talk to, someone who can listen as well help us think through the options we have.

Oxygen mentors are trained to help young people aged 11 - 16 think through a range of issues. They are there not to tell you what to do, rather they want to help look at all your options, before a decision is made.

Meeting with a mentor could last one week or ten, its up to you.

To find out more then contact Oxygen on 020 8547 0566 or email info@oxygen-online.org